Art of Life Volunteer Team Descriptions

Before you dive into finding the perfect role for you, we want to make sure that you know you will <u>always</u> be equipped and resourced, so you feel confident, for these different events and projects. So if you read something and think I might like that, but could never [insert anything]—please know that we want to help you so that you can do it!

Social Media

This volunteer opportunity is for **EVERYONE** with a social media account! Follow Art of Life on Facebook [The Art of Life Cancer Foundation], Instagram [@ArtofLifeCancer] and/or Twitter [@ArtofLifeCancer]. Share positive stories about your Art of Life experience on our page and share our upcoming events on your own page!

Student Coordinators

(Teams of 2)

Do you know all about Instagram, Facebook and Snapchat?! Are you telling your friends about the new trends and most popular hashtags?! Do you find joy spending time with young adults? If so, this is the role for you!

From volunteer fairs, where you'll be able to tell college students all about the amazing things Art of Life is doing, to overseeing and guiding student groups in their projects, and working with local colleges to create a partnership for student volunteers—you'll be the coolest adult on campuses! We have had such a wonderful experience working with students for so many projects and hope to be able to continue to do so in the future.

Time Frame, Frequency & Details:

This role will probably require about 5-10 hours/month most often during the weekdays, 9-5. You can decide what days and times within the week work best for you and let us know.

Ideal Volunteers:

- Outgoing (for the purpose of recruiting new students!)
- Excited by the idea of helping students discover and share their gifts
- Has experience overseeing small groups of people

Community Project Ambassador

(Team of 20+/Events Worked in Pairs)

Every year, the Art of Life launches the Community Project, which aims to give the general public a very tangible way to support and encourage cancer survivors through the healing power of art while spreading messages of hope in the Central Valley. Last year we have over 3,000 pieces submitted for this project and for 2016 our goal is at least 4,000!

Do you love messages of hope? Are you excited about involving people in supporting Art of Life? From public elementary schools, to the Susan G Komen race, and every place in between we need a team of people who want to take ownership of engaging the Central Valley in the community project this year. Most often, this a booth at different community events asking people to take a moment to write, draw, or color a message of hope for cancer survivors.

Time Frame, Frequency & Details:

This role will probably require about 5-10 hours/month most often during the evenings and weekends. Once you sign up for this team, you will be sent a schedule of upcoming events.

Ideal Volunteer:

- Outgoing (for the purpose of asking people to participate in the Community Project)
- Excited by the idea of allowing people to join our Movement of Hope
- Has experience communicating and engaging small/medium sized groups

Art of Life Ambassador

(Team of 20+/Events Worked in Pairs)

Throughout the year, Art of Life is often asked to host a booth at local events and we are looking for volunteers to join our team, allowing us to have a presence at more of these events and getting the word out about Art of Life!

Do you love meeting new people? Are you excited about involving people in supporting Art of Life? From signing up cancer survivors from the programs, to garden work days and the behind the scenes work we need a team of people who want to take ownership of introducing the Art of Life and building relationships with the community. Most often, this a booth at different community events explaining what Art of Life is and the different ways people can join the Movement of Hope!

Time Frame, Frequency & Details:

This role will probably require about 5 hours/month most often during the evenings and weekends. Once you sign up for this team, you will be sent a schedule of upcoming events. For each of the events, we will provide you with all of the supplies necessary for the booth.

Ideal Volunteer:

- Outgoing (for the purpose of introducing yourself and starting conversations)
- Excited by the idea of inviting people to join our Movement of Hope

Program "Hosts"

Do you love hosting parties, brunch, retreats, etc.? Making sure everyone has what they need to have the best time?! We are looking to find people who will 'host' our Paint It Forward Projects, a time when local artists and cancer survivors gather together to co-create messages of hope on a canvas.

Time Frame, Frequency & Details:

This role will probably require about 5-10 hours/ month, always, during the weekends, Friday evening and Saturday or Saturday evening and Sunday. We have a list of all the 2016 dates ready to send to you! Paint It Forward will always be held at our donated, Art of Life office suite, approximately 15 people.

Ideal Volunteers:

- Welcoming (with an inviting and calming presence)
- Love to serve people
- Are aware and respectful of the nature of sensitivity that can be present at these events

Hospitality Team

Do you love cooking, baking, and providing food for people that is delightfully scrumptious? Do you believe that food makes any event (a trillion times) better?! This team will be full of people who are passionate about food and willing to donate their time to make lunches, provide snacks, appetizers, or dinner for our Paint It Forward cancer survivors.

Time Frame, Frequency & Details:

This role will probably require about 5 hours/month, always, during the weekends, Friday evening and/or Saturday or Saturday evening and/or Sunday. Feeding approximately 15 people, small snacks/desserts and lunch. We have a list of all the 2016 dates ready to send to you! Paint It Forward will always be held at our, donated, Art of Life office suite. There is a small budget for food/ingredients or you can donate both time and food.

Ideal Volunteers:

- Love to cook/bake/provide food
- Love to serve people

Store Manager

Do you love the fact that you can buy & sell things online? Does keeping things organized bring you joy? Are you fairly savvy with technology? If so, this is the role for you!

From cards, to necklaces, and prints we are looking for someone who can help us organize, promote and sell all things Art of Life through our online store. We need help keeping track or inventory, adding items to our online shop and following through and up with online orders.

Time Frame, Frequency & Details:

This role will probably require about 5 hours/month and is very flexible. You can decide what days and times within the week work best for you and let us know. For the most part this can happen mostly from the comfort of your home.

Ideal Volunteers:

- Are organized, detail oriented people
- Technologically Inclined

Event Prep Team

Do you love the details in preparing for an event? Are you up for whatever?! Don't mind the tasks that can seem random? This is the place for you!

We often are needing a lot of help right before one of our many Art of Life events. From mailing things, to picking up supplies, to calling people to invite them and the set-up/clean-up for events, we have so many important things that need to be accomplished.

Time Frame, Frequency & Details:

This role is very flexible and can be sporadic depending on when our events are. If this flexibility is what you need – we will add you to our Volunteer Facebook Group and post these opportunities there and you can let us know if you are available.

Ideal Volunteers:

Super flexible!

Storytellers:

(Blog Manager, Blog Post/ Social Media Writers, etc.)

Do you love writing & reading? Does sharing stories of hope, challenges, growth and all things in between bring you joy? Do you believe in the power of written stories? If you answered yes to one or all of these, we need you on this team!

From cancer survivor's journeys, to resources for survivors, to Art of Life updates and positive stories we would love to start regularly sharing stories via social media, maybe it's a blog, maybe through Facebook and Instagram... come dream with us and help us launch a platform to share stories.

Time Frame, Frequency & Details:

This role will probably require about 5-10 hours/month and is very flexible. You can decide what days and times within the week work best for you and let us know. For the most part this role can take place mostly from the comfort of your home.

Ideal Volunteers:

- Lover of stories, sharing and reading
- Technologically inclined

Healing Garden:

Do you love spending time outdoors? Does the idea of working hard to beautify the garden excite you? Do you have a group/team (10+) of people you want to work alongside? This is the project for you!

From weeding, to spreading bark, to cleaning benches and sweeping the cancer ribbon trail we are always looking for groups to help keep our garden looking pristine for our all of our visitors.

Time Frame, Frequency & Details:

We can coordinate a date and time that works best for you and your group. Please bring as many rakes, brooms, shovels and gloves as your group can rally.

Ideal Volunteers:

- Take ownership of the service project
- Hardworking with a great attitude

Administrative Team

Does checking off/crossing off a task bring you a happy warm feeling? Does knowing that accomplishing these helped immensely in the big picture make you proud? If you answered yes to one or all of these, we need you on this team! From typing up previous year's art stories to helping keep the database accurate we are needing some detail oriented people to help us stay organized.

Time Frame, Frequency & Details:

This role will probably require about 5hrs (or less)/month and is very flexible. You can decide what days and times within the week work best for you and let us know. If you have and are able to bring your own computer that would be incredibly helpful!

Ideal Volunteers:

- Technologically inclined
- Loves the details

Special Skills

Are you an expert in accounting? A graduate from law school, with a current practice? Do you take the most amazing pictures? Is capturing stories through video your area of expertise? Art of Life is always looking for experts with specialized skills to help us by donating their time and services. Let us know what you are amazing at!